Organization:
Friars Minor

General Secretariat of Formation

Capuchin General Curia

2020

Place:

Domus Laetitiae. Frati Minori Cappuccini Viale Giovanni XXIII, 2 06081 Assisi (PG). Italia. tel. +39 075 812792. fax. +39 075 815184

Date 2020:

Languages:

Spanish - Portuguese: 19 April - 8 may English - French: 23 August - 12 September

Price: 1400€

For more information:

General Curia
General Secretariat of Formation
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COURSE OF ONGOING FORMATION Living according to the form of the Gospel in the manner of Francis and Clare Friars Minor Capuchin General Curia General Secretariat of Forma

www.ofmcap.org

COURSE OF ONGOING FORMATION

Living according to the form of the Gospel in the manner of Francis and Clare

Whom this course is for

Reaching a certain age, our life becomes filled with things. It is the time of maturity, of responsibilities, and of commitments, but also of problems, of workaholism, and of stress.

While we feel a fullness, physically and mentally, we also pass through the experience of failure, the difficulty of entering into deep dialogue with the brothers, the weight of loneliness, the silence of God.

It is a moment to stop and take a breath, to find a balance between action and contemplation, between apostolate and interiority, between inside and outside.

This course, which last three weeks, was conceived for friars who, having passed about fifteen years since perpetual profession, find themselves in this moment of life. It is made up of visits to the Franciscan places, and, guided by Clare and Francis, is for deepening the meaning of vocation and discovering anew the joy of being a lesser brother.

The course is also open to all the friars responsible for formation.

St. Francis, by divine inspiration, gave beginning to a new form of Gospel life that he called Fraternity and he chose as a model the life of Christ and his disciples [...] We, then, professing this form of life, truly constitute an Order of Brothers. Therefore, united in faith in God our Father, nourished at the tables of the divine Word and of the Eucharist, let us love each other, that the world might recognize us as disciples of Christ. (Const 88, 6.8)

Objectives

- To deepen the knowledge of the Franciscan sources (personal writings of Francis and hagiographical writings) and the essential elements of our tradition.
- To revive the specific values of our charismatic identity.
- To rethink our way of being in the world and the Church beginning from our own charism as minors and brothers, creating spaces of justice and peace.

Content

- Franciscan spirituality: Writings of Francis and Clare. Hagiographic sources.
- History: From brother Francis to Saint Francis. Keys for reading the first Franciscan century.
- Franciscan heart. Proposals for a
- **Emotional Maturity**

Methodology

- The mornings of the first two weeks will be visits to the Franciscan places, leaving time for personal reflection and celebrations in common.
- The afternoons of the first two weeks will offer three hours of reflection on the content of Franciscan spirituality.
- The last week, by means of retreat, offers a space of interiorization by means of silence and guided meditation.
- · Active meetings of personal and common reflection, beginning form one's own experience, will not be lacking.

